



WSCC Model Components & IAK Topics
Virtual Lesson Option: Video and Lesson Plan Provided

<p>Health Education</p> <ul style="list-style-type: none"> • Handwashing (K-2nd), Hygiene (3rd-4th), Human Growth & Development (5th) • Tobacco & Vaping Prevention (3rd-5th), Drugs & Your Heart Assembly (5th) • Tooth Fairy Assistant (K), Dental Health (1st-5th) 	<p>Physical Education & Physical Activity</p> <ul style="list-style-type: none"> • Fitness in the Classroom • Team Building in PE • Tobacco & Vaping Prevention in PE (3rd-5th) • Nutrition in PE • Incorporating Core Curriculum into Your PE Class
<p>Nutrition Environment & Services</p> <ul style="list-style-type: none"> • Nutrition in the Classroom • Nutrition in PE • Blender Bike Class (funding for food must be provided by the school) • Nutrition Demonstrations (funding for food must be provided by the school) 	<p>Social & Emotional Climate</p> <ul style="list-style-type: none"> • Classroom Cohesion • Mindfulness • Responsible Decision Making • Conflict Resolution/Getting Along • Bully Prevention, Bully Busters Assembly (K-2nd) • Stress Management, Test Pep Rally Assembly (3rd-5th)
<p>Physical Environment</p> <ul style="list-style-type: none"> • Tornado Preparedness in PE • Earthquake Preparedness in PE • Flood Preparedness in PE • Wild Fire Preparedness in PE • IAK Provides Resources 	<p>Employee Wellness</p> <ul style="list-style-type: none"> • IAK Facilitates Employee Wellness through MoveSpring App • Lunch & Learn – Education Based • Lunch & Learn – Nutrition Make & Take • Nutrition Consultations (minimum of 3 meetings with IAK dietitians required)
<p>Health Services</p> <ul style="list-style-type: none"> • Assistance with SoonerCare Applications • Transportation to Medical Appointments • Assistance with Eyeglasses Repairs • Assistance with Prescription Pickup • Health Talks (choose a topic to be discussed with a small group of parents) 	<p>Counseling, Psychological, & Social Services</p> <ul style="list-style-type: none"> • IAK Provides Resources • MindUp Curriculum
<p>Family Engagement</p> <ul style="list-style-type: none"> • Blender Bike (funding for food must be provided by the school) • Cooking Demonstrations (funding for food must be provided by the school) • Math and Literacy Games • Family Fitness Night • Action Based Learning (ABL) STEM 	<p>Community Involvement</p> <ul style="list-style-type: none"> • After School Programs: <ul style="list-style-type: none"> ○ It's All About Kinesthetics (3rd-5th) ○ Cooking Club (3rd-5th) (funding for food must be provided by the school) • IAK Connects Schools to Other Community Partners

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