



WSCC Model Components & IAK Topics

<p>Health Education</p> <ul style="list-style-type: none"> • Hygiene • Tobacco Prevention • Dental Health • Human Growth & Development (5th) • Decision Making - Health 	<p>Physical Education & Physical Activity</p> <ul style="list-style-type: none"> • Fitness in the Classroom • Team Building • Incorporating Core Curriculum into Your PE Class
<p>Nutrition Environment & Services</p> <ul style="list-style-type: none"> • CATCH Nutrition Curriculum • Nutrition in the Classroom • Nutrition in PE • Cooking Club • Nutrition Demonstrations • Sugar Shockers Assembly (3rd-6th) • Blender Bike Class <p>*School must purchase food if needed for topic.</p>	<p>Health Services</p> <ul style="list-style-type: none"> • Assistance with SoonerCare Applications • Transportation to Medical Appointments • Assistance with Eyeglasses Repairs • Assistance with Prescription Pickup • Health Talks (choose a topic to be discussed with a small group of parents)
<p>Counseling, Psychological, & Social Services</p> <ul style="list-style-type: none"> • IAK Provides Resources 	<p>Employee Wellness</p> <ul style="list-style-type: none"> • IAK Developing a Program and Resources to launch Fall 2019 • Checkout our social media pages @IAKTulsa
<p>Social & Emotional Climate</p> <ul style="list-style-type: none"> • Classroom Cohesion • Mindfulness • Decision Making – Relationships • Conflict Resolution/Getting Along • Bully Prevention • Bully Busters Assembly (K-2nd) • Stress Management 	<p>Physical Environment</p> <ul style="list-style-type: none"> • Emergency Preparedness Lesson • IAK Provides Resources
<p>Family Engagement</p> <ul style="list-style-type: none"> • Blender Bike • Cooking Demonstrations • Math and Literacy Games • Family Fitness Night • Action Based Learning (ABL) STEM <p>*School must purchase food if needed for event.</p>	<p>Community Involvement</p> <ul style="list-style-type: none"> • IAK Connects Schools to Other Community Partners

Follow It's All About Kids at @IAKTulsa



www.tulsaplay.org