

WHAT IS ACTION BASED LEARNING?

Every school and every educator has the same dream for their students: Well behaved, better engaged and more attentive students. Brain science shows that if a child is sitting all day long, they are missing out on vital movements to increase brain function and activity.

A. ASSESS FOR DEVELOPMENTAL GAPS.

Research states that Critical Brain Development stages are best learned and formed early in life - 2.5 to 6 years of age. We have worked with a team of Brain Research Experts, Educational Consultants and Classroom Teachers to develop 10 fundamental foundations of learning, listed below:

- Cross Lateralization
- Strength & endurance
- Visual tracking
- Gross motor
- Cardio
- Proprioception
- Balance
- Rhythm & beat
- Fine motor
- Vestibular Development

The lab is comprised of these 10 stations and their developmentally appropriate progressions. Lab facilitators are taught how to identify and fill in developmental gaps that may be hindering learning.

B. BUILD ON THE 10 FOUNDATIONS.

In order to achieve increased engagement in the classroom, decrease negative behaviors and increase academic success, it is critical to understand the benefits of the 10 foundations as they relate to positive classroom outcomes. For example a student who is having difficulty with cross lateralization skills will also have trouble with placing words on a page, reading from left to right and writing patterns in sequence. A child who is having trouble reading may not be able to crawl. ABL helps you to understand the connections between these concepts so you can provide your students with the tools they need to excel.

L LEARNING BECOMES SUCCESSFUL.

We provide children learning environments that allow them to thrive academically and attain lifelong success. We have combined our brain based research and our manufacturing capabilities to create unique learning environments, which change the future for children, starting at the very early developmental stage. We use training to provide techniques and tools that can be implemented immediately, including simple brain breaks and specific movements to increase brain function.

Transforming Classrooms from Sit and Listen, to Move and Learn!